



A MINUTE OF HEALTH WITH CDC

Get Ticks Off

Surveillance for Lyme Disease — United States, 1992–2006

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With the arrival of fall comes the call of the wild. If you're planning any outdoor activity, beware of a lurking danger. Lyme disease is an illness spread through the bite of an infected deer tick. Persons with Lyme disease typically develop a characteristic rash, along with fever, fatigue, headache, and muscle and joint pain. More serious problems include arthritis, facial droop or paralysis, and an irregular heart beat. Lyme disease is treatable with antibiotics. Reduce your chance of getting the disease by avoiding potential tick habitats, using insect repellent, and checking yourself daily for ticks.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO, 24/7.